



CARMEL PAK U SECONDARY SCHOOL
迦密柏雨中學

TOGETHER

WE LEARN

WE GROW

WE LAUGH



CARMEL PAK U SECONDARY SCHOOL

- **Established in 1979** by the Evangelical School Development Incorporation, providing quality education grounded in Christian values.
- **Inspired by Jesus Christ's growth**, fostering holistic development in wisdom, stature, and favor with God and people.
- **Nurtures intellectual, physical, social, and spiritual growth**, preparing students to lead balanced and meaningful lives.
- **Empowers students to pursue truth, embrace virtue, and cherish beauty**, shaping them into principled and compassionate individuals.
- **Dedicated and values-driven teachers** who uphold Christian principles in education.
- **Attracts high-achieving students**, fostering an environment of academic excellence.
- **Strong support from parents and alumni**, creating a close-knit and thriving school community.

Join us in building a foundation for lifelong success rooted in faith, knowledge, and character.



"Jesus increased in wisdom and in stature and in favor with God and man."

Luke 2:52

"With upright heart He shepherded them and guided them with His skillful hand."

Psalms 78:72

OUR MISSION

Dear Parents and Students,

It is my great joy to introduce you to CPU, a well-established Christian secondary school in Hong Kong dedicated to nurturing young minds and hearts in an environment of excellence, faith, and vibrant learning. At CPU, we are committed to four core values that shape every aspect of our students' journey.

1. Academic Excellence

We offer a rigorous curriculum that challenges and inspires students to think critically, solve problems creatively, and engage deeply with learning. With dedicated teachers, modern facilities, and a supportive environment, we prepare students for success in further studies and life beyond school. Our students have consistently excelled in the HKDSE Examination and have earned numerous awards in academic competitions at local, national, and international levels.

2. Character Building

True education extends beyond academic achievement. It shapes virtuous character. Through leadership programmes, service-learning projects, and moral education, we instil integrity, resilience, and compassion in our students, equipping them to become responsible citizens and future leaders. Our students are recognised for their good behaviour and strong reputation within the community.

3. Christ-Centered Education

Rooted in Christian values, we foster spiritual growth through daily devotions, Bible teaching, and faith-integrated activities. Our aim is to guide students toward a personal relationship with Christ and to cultivate Christ-like character, grounded in love, wisdom, and service to others.

4. Colorful Campus Life

A well-rounded education should be filled with joy, discovery, and friendship. We believe each student has unique God-given gifts, and through a wide range of opportunities, from sports and music to clubs and international study tours, we help them discover their passions and flourish in a dynamic, supportive community. Our sports teams, music ensembles, and debating teams have achieved remarkable success in inter-school competitions, earning numerous top awards.

Better Together. Everyone Matters.

We are more than a school; we are a family, walking alongside our students as they grow in wisdom, character, and faith. I warmly invite you to visit our campus, meet our dedicated staff, and experience the faith-filled community that defines us. I look forward to welcoming you to the CPU family!

Wong Chun
Principal



WE LEARN 一起學習 TOGETHER

*"The fear of the LORD is the beginning of wisdom,
and the knowledge of the Holy One is insight."*

Proverbs 9:10

CURRICULUM

JUNIOR FORM SUBJECTS (F1 - F3)

English as the Medium of Instruction

English Language, Mathematics, Integrated Science, Information and Communication Technology, History, Geography, Citizenship, Economics and Society

Chinese as the Medium of Instruction

Chinese Language, Putonghua, Chinese History, Biblical Knowledge, Design and Technology, Visual Arts, Music, Physical Education



SENIOR FORM SUBJECTS (F4 - F6)

DSE Core Subjects:

English Language, Chinese Language, Mathematics, Citizenship and Social Development

Non-DSE Core Subjects:

Biblical Knowledge, Music, Physical Education

EMI Electives:

Biology, Business Accounting and Financial Studies (Accounting Module), Chemistry, Economics, Geography, History, Information and Communication Technology, Mathematics (Extended Modules 2), Physics

CMI Electives:

Chinese History, Chinese Literature



CLASS STRUCTURE

Four classes per level from Form 1 to Form 6.

STEAM STUDIES

Our school places strong emphasis on the holistic development of science education. The curriculum integrates experimental inquiry, STEM projects, and digital learning tools, with the goal of cultivating students' critical thinking and problem-solving abilities. Supported by advanced laboratory facilities, teachers adopt inquiry-based teaching methods and actively encourage students to take part in a wide range of science competitions in Hong Kong and beyond.

Collaboration with universities and technology enterprises further broadens our students' exposure, enabling them to gain valuable experiences across diverse scientific fields. We also organize a variety of workshops that stimulate innovative thinking and inspire students to apply knowledge in creative ways. Interdisciplinary teaching connects science, mathematics, and technology, equipping students with the skills and mindset necessary for further studies and future careers.

At the same time, we are committed to the professional development of our teachers, ensuring that our teaching remains up to date with the latest advances. Through these efforts, the school has established itself as a leader in science and STEAM education in Hong Kong.



Our students' commitment and creativity have earned them remarkable achievements at the local, national, and international levels. In recent years, our science and technology teams have represented Hong Kong in prestigious competitions across the U.S., France, Switzerland, Singapore, Taiwan, and Mainland China. Their accomplishments reflect not only their talent and innovation but also the school's dedication to nurturing young leaders in science and technology.

Notable appearances include:

- Regeneron International Science and Engineering Fair (ISEF)
- International Genetically Engineered Machine Competition (iGEM)
- Geneva International Exhibition of Inventions
- International Cybersecurity Olympiad
- China Girls' Mathematical Olympiad
- S.T. Yau High School Science Award (Asia)
- Soong Ching Ling Children's Invention Award
- China Adolescents Science & Technology Innovation Contest



INNOSPACE

INNOSPACE is designed as a dynamic hub where imagination, technology, and collaboration converge. It is divided into three innovative zones, each providing unique opportunities for students to experiment, explore, and excel.

- **Cyber Hub** – A modern computer center that houses both a campus television station and an e-sports arena. This zone blends recreation with purposeful learning, enabling students to develop practical skills in digital media production, competitive gaming strategies, and cutting-edge technology.
- **InnoLab** – A advanced innovation laboratory where students engage with land-based robotics, drones, and underwater robots. By applying hands-on programming and engineering design, they deepen their understanding of artificial intelligence and robotics while cultivating problem-solving skills and an inventive mindset. The lab encourages experimentation and perseverance, qualities essential for future innovators and engineers.
- **STEAM Cave** – An immersive learning environment featuring a Cave Automatic Virtual Environment (CAVE), which allows students to step into simulated worlds and explore complex, interdisciplinary concepts. Adjacent to the Cave, the **Idea Lounge** provides a welcoming space for English oral lessons and informal chatting with our Native English-speaking Teacher. It offers students a relaxed environment to build fluency, confidence, and cultural awareness while enjoying authentic language practice beyond the classroom.



LANGUAGE EDUCATION

English Language

We cultivate confident communicators and critical thinkers through engaging and interactive learning. Our experienced teachers employ diverse methods, such as project-based learning, public speaking activities, and cross-curricular collaboration, to connect classroom lessons with real-world applications. To foster a lifelong love of English, we offer a tailored junior literature curriculum and structured reading programs. Beyond academics, students refine their skills through English Society events, drama productions, and language competitions, helping to build a vibrant culture of expression and growth.



Chinese Language

We strengthen language mastery, literary appreciation, and cultural understanding through a rich blend of textual analysis, guided writing practice, and curated readings that expose students to both classical and contemporary works. By engaging with Chinese Language, Putonghua, and Literature, students not only sharpen their communication skills but also cultivate habits of critical thinking, aesthetic sensitivity, and ethical reflection that shape their outlook on life. To deepen learning, enrichment opportunities such as book clubs, cultural excursions, and interschool competitions create lively contexts for students to explore language in action. These experiences spark curiosity, inspire creativity, and nurture a genuine passion for the beauty and power of language.



星島第四十屆全港校際辯論比賽 The 40th Sing Tao Inter-School Debating Competition



Language Competitions

Our students consistently excel in a wide range of language competitions, including debates, public speaking contests, and writing awards. Their accomplishments demonstrate not only strong bilingual fluency in both English and Chinese but also the ability to think critically, argue persuasively, and express ideas with clarity and confidence. These achievements highlight the school's commitment to nurturing articulate, insightful, and culturally aware communicators who are well-prepared to engage with the world.

Lecture Theatre

The Lecture Theatre, equipped with over 100 seats and advanced audio-visual facilities, provides an ideal venue for language enrichment and performance training. It serves as a platform for developing students' presentation skills, as well as for hosting speech and debating practices, competitions, and workshops. In this dedicated space, students learn to present with poise, engage an audience effectively, and refine their communication skills in both formal and creative settings.



READING FOR LIFE

We believe that reading is the cornerstone of both learning and personal growth. Through reading, students encounter new ideas, deepen their understanding of the world, and develop the capacity to think critically and empathetically. It opens doors to creativity, broadens horizons, and nurtures character.

Our mission is to cultivate lifelong, self-directed learners who are curious, knowledgeable, and reflective. We aim to equip our students not only with academic skills but also with a love for inquiry and a habit of independent learning that will sustain them throughout their lives.

The Library

Our library features two flexible learning spaces, supported by Student Librarians who help ensure efficient and welcoming services.

- **Study Zone** – A quiet area for focused reading and independent work.
- **Discussion Zone** – An interactive space equipped with computers for group collaboration and idea-sharing.



Engaging Reading Initiatives

We foster a love of reading through a variety of engaging activities:

- **Author Talks** – Gain insights from writers on storytelling, creativity, and the power of books.
- **Book Fairs** – Explore new titles and add to personal or classroom collections.
- **Book Clubs** – Engage in deeper discussions of literature through lively, thought-provoking conversations.
- **Book Sharing** – Teachers and students recommend and discuss their favorite reads.
- **Parent-Child Reading Scheme** – Strengthen family connections while nurturing a shared love of reading.
- **Reading & Cultural Trips** – Broaden horizons and build friendships through literary and cultural exploration.



ACADEMIC RESULTS AND UNIVERSITY OFFERS

Our students attained strong results in the HKDSE examinations. Over the past three years, an average of **93%** met the basic entrance requirements for university admission, with each student obtaining on average **2.2** subjects at Level 5 or above.

During the same period, an average of **92%** of our graduates received JUPAS degree offers, with **43%** of these coming from the University of Hong Kong, the Chinese University of Hong Kong, and the Hong Kong University of Science and Technology.

Beyond Hong Kong, our students also secured admission to leading international institutions, including the University of Oxford, the University of the Arts London, and Peking University.



In the 2025 HKDSE examinations, one of our students attained **seven Level 5****, earning recognition as one of Hong Kong's "super top scorers". Such an accomplishment not only reflects the student's diligence and perseverance, but also affirms the school's commitment to academic excellence.

WE GROW TOGETHER 一起成長

"Encourage one another and build one another up."

1 Thessalonians 5:11

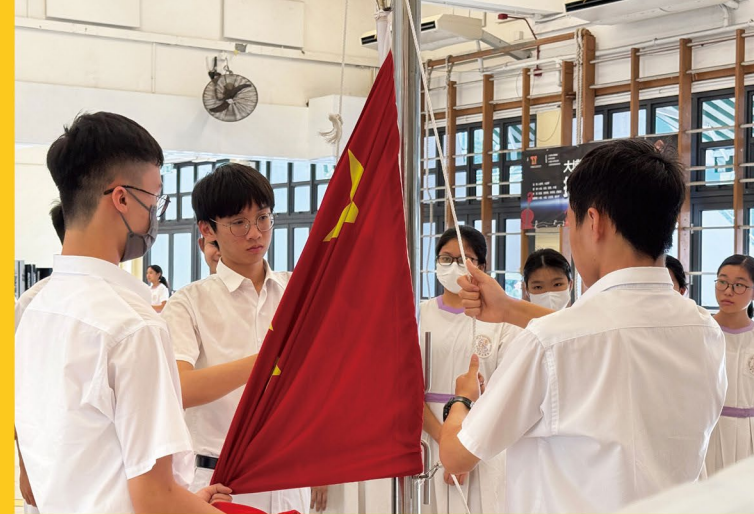
CHARACTER BUILDING



Moral Education

The school emphasizes moral and civic education, nurturing not only academic success but also responsible and compassionate individuals. Guided by love and discipline, our dedicated teachers support students in developing strong values, good manners, and a sense of integrity.

Our students are recognized in the community for their good conduct, reflecting the school's commitment to holistic growth. We instill in them the importance of self-discipline, encouraging them to make wise choices, cultivate positive habits, and resist negative influences. Through a caring and structured environment, we empower them to become confident, principled, and contributing members of society.



National Education

We nurture students with a strong sense of national identity and civic responsibility. Through the National Education program, students deepen their understanding of Chinese history, culture, and development, fostering pride in their heritage and a commitment to the nation's future.

Our partnerships with sister schools in the mainland provide opportunities for meaningful interchange between students and teachers. Students participate in exchange visits, while teachers share professional insights through lesson observations and collaboration. These experiences broaden perspectives on the nation's diversity and progress, equipping both students and teachers to serve with vision and responsibility.

CARING COMMUNITY

We foster a warm and supportive environment where every student feels valued and supported. Our dedicated team of Student Counsellors plays an active role in ensuring a smooth transition for F1 students as they adapt to secondary school life. The Prefect Team serves as role models for their peers and plays an active part in shaping a positive school culture.



Working hand in hand with social workers and other helping professionals, we provide holistic support for our students' well-being. Through personalized counselling, interactive workshops, and wellness initiatives, we promote a positive school culture that values mental health and ensures every student feels cared for. In addition, life planning education equips students to explore their interests, set meaningful goals, and prepare for future pathways in further study and career. By guiding them to understand their strengths and aspirations, we help them make informed choices and build confidence for the road ahead.



Students enjoy numerous opportunities to serve and lead through our student organizations, including the student union, house system, academic societies, music teams, and sports teams. These platforms help them develop practical leadership skills while learning the importance of service, teamwork, and community spirit, all within a supportive framework that encourages personal growth alongside academic achievement.

Beyond the classroom, our Community Youth Club encourages students to give back through meaningful volunteer work. Whether mentoring primary school children, participating in community clean-ups, or supporting charity initiatives, our students learn the values of compassion, responsibility, and teamwork. They also gain valuable life skills such as communication, problem-solving, and leadership as they serve others in real-world contexts. These experiences not only deepen their awareness of social needs but also inspire them to become empathetic citizens who contribute to the common good.



SUPPORT FOR FORM 1 STUDENTS

Starting secondary school is an exciting new chapter, and we are committed to helping every Form 1 student settle in smoothly, build confidence, and thrive in our school community.

1. Orientation & Academic Preparation

To ensure a strong start, we organize **orientation programs** before the academic year begins, where students become familiar with the school environment, daily routines, and expectations. Our **English Bridging Course** taught by native English teachers prepares students for learning in an English-medium environment, enhancing their language skills for academic success.

2. Peer Support & Friendship Building

Our **Student Counsellor Scheme** pairs Form 1 students with supportive seniors who offer guidance, answer questions, and help newcomers adjust both academically and socially. Through the **F1 Activity Day**, students bond with classmates and teachers in a fun, interactive setting, fostering friendships and a sense of belonging.

3. Balanced Class Placement

Form 1 students are placed in classes with **mixed academic abilities**, ensuring no class is stereotyped as “stronger” or “weaker”. This approach encourages collaboration, mutual support, and a positive learning atmosphere for all.



WE PRAY TOGETHER

一起祈禱

*“Rejoice always, pray without ceasing, give thanks
in all circumstances.”*

1 Thessalonians 5:16-18



SPIRITUAL NURTURING

Spiritual growth is at the heart of our mission. We believe that education is not complete without nurturing the soul. Every school day begins with morning assemblies filled with hymns, prayer, and reflection, helping students start the day with a clear sense of purpose. Weekly Christians fellowships and cell groups offer a more personal setting where students can share experiences, study the Bible, and support one another in their faith journeys.

Bible lessons form a vital part of our curriculum. Beyond teaching the foundations of the Christian faith, these lessons encourage students to apply biblical principles in their daily lives. Through study and reflection, students learn to cultivate virtues such as honesty, humility, respect, and compassion, shaping both their character and their decision-making.

Special highlights throughout the year, including Gospel Weeks and Evangelical Camps, give students space to explore deeper questions of life and faith. These dedicated times allow them to encounter the message of Christ in fresh ways, to experience God's grace personally, and to discover hope and direction for the future. Many students find these moments transformative, shaping their worldview and strengthening their identity in Christ.



Our partnership with **Carmel Tai Yuen Church** (迦密大元邨福音堂), our church-in-residence, is central to our spiritual life. The church provides pastoral care, mentorship, and discipleship programs, offering students and their families a welcoming spiritual home. This close relationship between school and church creates a strong community where faith is nurtured not only in the classroom but also in family and community life.

WE FLOURISH 一起展現 **TOGETHER**

"Behold, how good and pleasant it is when brothers dwell in unity!"

Psalms 133:1



MUSIC & ARTS

We believe that aesthetic education plays a vital role in nurturing well-rounded individuals. Through music and the arts, students learn to appreciate beauty, express themselves creatively, and develop a deeper connection to culture and emotion.

Visual arts groups provide opportunities for students to explore visual expression through painting, design, and creative projects. The drama clubs help students build confidence and communication skills as they perform, collaborate, and bring stories to life on stage. Music groups nurture musical talents and teamwork through instrumental practice, ensemble playing, and vocal training. Together, these clubs enrich students' imagination and encourage them to grow as expressive, confident, and empathetic individuals.



Our music teams consistently achieve strong results in competitions. Among our many achievements, our Choir has been honored as "Best Secondary School Junior Choir", and our Chinese Orchestra has won championship titles in the Hong Kong Schools Music Festival. Additionally, our Handbell Ensemble is recognized as one of the leading groups among Hong Kong schools, showcasing skill and artistry.

A highlight of the school year is the Annual Music Festival, where every student takes the stage to share their musical talents. This school-wide celebration turns the spotlight on every student, affirming that music is not just for the accomplished few but a gift for all. The festival captures the joy of performance, the courage of expression, and the shared experience of beauty.



SPORTS & RECREATION



We believe that sports and recreation form an integral part of whole-person education. Through a wide range of sports teams, including Athletics, Badminton, Basketball, Cross Country, Football, Handball, Table Tennis, Volleyball, and E-sports, students find opportunities to strengthen their bodies, sharpen their skills, and build lifelong character. Training sessions and competitions provide more than physical exercise: they cultivate resilience, discipline, teamwork, and a strong sense of sportsmanship.

Our athletes have shown steady growth and commitment in recent years. Representing the school in interschool tournaments, they have gained both valuable experience and commendable results. Among these, the Athletics Team and Cross-Country Running Team have excelled, with members earning placements in the All Hong Kong Schools Jing Ying Tournaments, an achievement that reflects not only their individual effort but also the spirit of perseverance that defines our school's sports culture.



To deepen student engagement and cultivate a vibrant sports culture, the school organizes a series of signature athletic events throughout the year.

- **Sports Days** – Our annual highlight that celebrates athletic ability, perseverance, and team spirit. Students compete with enthusiasm while cheering for one another, creating an atmosphere of unity and joy.
- **Round-the-Campus Race** – A lively and enjoyable event designed to promote physical fitness and endurance. It encourages students to challenge themselves and build resilience.
- **Inter-Class Basketball Competition** – A popular tournament where teamwork, strategy, and sportsmanship take center stage. It offers students a platform to display their talent and teamwork through healthy competition.

These events unite the entire school community. They remind us that sports are not merely about winning medals but about striving for personal excellence, nurturing friendships, and growing in character.

WE EXPLORE TOGETHER

一起探索

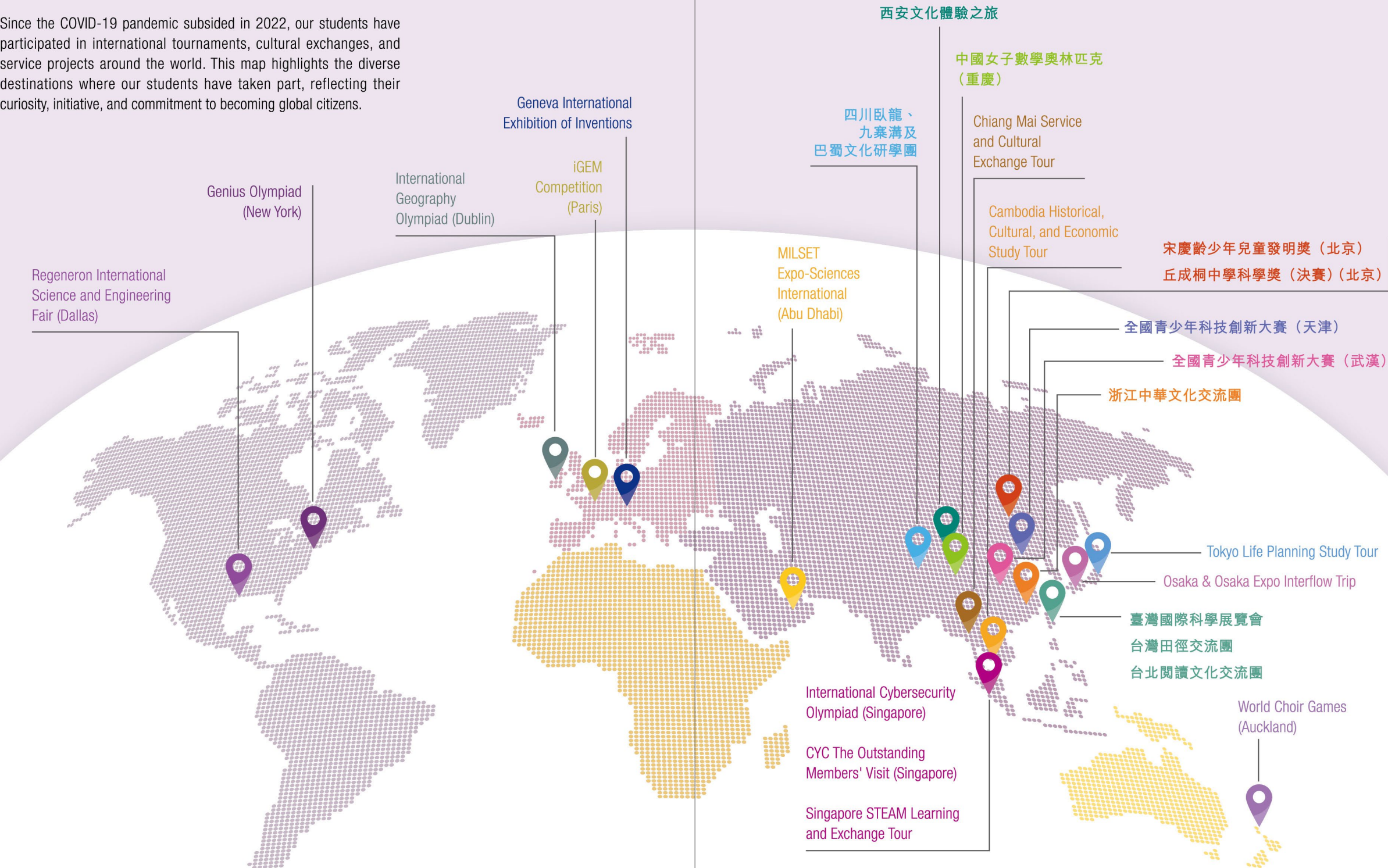
"The earth is the LORD's and the fullness thereof."

Psalms 24:1



GLOBAL EXPOSURE

Since the COVID-19 pandemic subsided in 2022, our students have participated in international tournaments, cultural exchanges, and service projects around the world. This map highlights the diverse destinations where our students have taken part, reflecting their curiosity, initiative, and commitment to becoming global citizens.



WE SHINE 一起閃耀 TOGETHER

*"Not to us, O LORD, not to us, but to your name give glory,
for the sake of your steadfast love and your faithfulness!"*

Psalms 115:1

STUDENT ACHIEVEMENTS

Success is a shared journey. Our students' achievements in international, regional, and inter-school competitions reflect their talent, dedication, and the support of our school community. From academics to sports, arts, and leadership, their accomplishments serve as an inspiration to the school community. The table below summarizes our major achievements from the 2024–2025 academic year.

International & Regional Awards

World Choir Games (in Auckland)

- Children's Choir — Gold Medal
- Music of Spirit and Faith — Gold Medal

International Geography Olympiad (in Dublin)

- Bronze Medal

International Genetically Engineered Machine Competition (in Paris)

- Gold Medal

International Cybersecurity Olympiad (in Singapore)

- Bronze Medal

China Girls' Mathematical Olympiad (in Chongqing)

- Gold Medal

Soong Ching Ling Children's Invention Award (in Beijing)

- Bronze Medal (Junior Secondary)

China Adolescents Science & Technology Innovation Contest (in Tianjin)

- Third Prize (Innovation Project)

S.T. Yau High School Science Award (Asia)

- Silver Medal (Biology)

International Science and Invention Fair

- Gold Medal

World Youth Invention and Innovation Award

- Gold Medal

Global Youth Invention and Innovation Fair

- Gold Medal

Youth International Science Fair

- Gold Medal

Jakarta International Science Fair

- Gold Medal

Indonesia International Applied Science Project Olympiad

- Gold Medal

Australian Mathematics Competition

- Certificate of High Distinction

Canada Jay Mathematical Competition

- Silver Award
- Bronze Award

Local & Inter-school Awards

STEAM Awards

Hong Kong Student Science Project Competition

- Senior Invention — Champion, First Runner-up
- Senior Sustainable Development Award
- Junior Research — First Runner-up
- Junior Most Promising Award

International Biology Olympiad (HK Contest)

- Silver Award

International Junior Science Olympiad (HK Screening)

- First Class Award
- Second Class Award
- Third Class Award

Pan-Pearl River Delta & Chinese Elite Schools Physics Olympiad

- Third Prize

Hong Kong Biology Literacy Award

- First Runner-up
- First Class Award
- Second Class Award

International Cybersecurity Olympiad (HK)

- First Place

RoboMaster Youth Tournament

- First Runner-up

Think-GO-Imagine InnoTech Creativity Competition

- Second Runner-up

Global Game Jam Next

- Best in Show
- Best XR Design

Local & Inter-school Awards

STEAM Awards

「賽馬會童心理情計劃」遊戲概念挑戰賽

- AI 生成比賽冠軍
- AI 生成比賽殿軍

科技創未來

- 一等獎

詩畫裏的中國

- AI 數碼藝術創作組別三等獎

川渝港澳青少年科學大賽（科技編程組別）

- 一等獎
- 二等獎
- 三等獎

Speech and Cultural Awards

星島全港校際辯論比賽

- 總決賽冠軍
- 總決賽最佳辯論員

聯校中文辯論比賽

- 冠軍

香港辯論超級聯賽

- 甲組季軍

香港中學辯論賽

- 新界區冠軍

陳贊一博士聯校微型小說創作獎

- 初中組冠軍

晨曦小路：與 AI 合作的歌曲創作旅程

- 金獎
- 勳力展現獎

全港中學勞工法例及職業安全常識問答比賽

- 亞軍

大埔區校際公民常識問答比賽

- 亞軍

Arts Awards

Hong Kong Schools Music Festival

- Best Secondary Junior Choir in Group 2
- Chinese Mixed Voice Choir (Junior, Group 2) — Champion
- Foreign Language Mixed Voice Choir (Junior, Group 2) — Champion
- Chinese Girls' Choir (Junior, Group 2) — First Runner-up
- Foreign Language Girls' Choir (Junior, Group 2) — First Runner-up
- Foreign Language Girls' Choir (Senior, Group 2) — First Runner-up
- Violin Duet (Senior) — Champion
- Piano Grade 8 Solo — NT East Champion
- Piano Grade 7 Solo — NT East Champion
- Pipa Solo (Intermediate) — First Runner-up
- Zheng Solo (Senior) — Second Runner-up

「創協盃」創意科技機械人

- 二等獎
- 三等獎

香港青少年數學精英選拔賽

- 三等獎

Asia International Mathematical Olympiad Open (AIMO Open)

- Senior Secondary Bronze Award

Hong Kong Mathematics Competition

- Third-class Honour

全港中學生環境污染常識網上問答比賽

- 第一名

全港中國象棋學界分齡賽

- U18 冠軍

Hong Kong Schools Speech Festival

- S3–S4 Public Speaking Solo — Three Champions
- S3–S4 Dramatic Duologue — Champion
- S4 Boys Solo Verse Speaking — First Runner-up
- S6 Girls Solo Verse Speaking — First Runner-up
- S1 Boys Solo Verse Speaking — Second Runner-up
- S1 Girls Solo Verse Speaking — Second Runner-up
- S3 Girls Solo Verse Speaking — Second Runner-up
- 中學一、二年級男女詩詞集誦 — 冠軍
- 中學一、二年級女子散文獨誦 — 冠軍
- 中學三、四年級粵語二人朗誦 — 季軍
- 中學一、二年級男子普通話散文獨誦 — 季軍
- 中學五、六年級男子普通話散文獨誦 — 季軍

Hong Kong Inter-School Choral Festival

- Secondary Vocal Ensemble — Gold
- Small Choir — Gold

Hong Kong Youth Music Interflows

- Chinese Orchestra — Bronze

All Hong Kong Chinese Music Competition

- Suona (Senior) — Champion

Joint School Music Competition

- String Ensemble — Gold
- Handbell & Handchime — Gold & Silver
- Choir — Gold & Silver
- Orchestra — Silver

Bellprints International Handbell Competition

- Gold Award
- Champion & Platinum Excellence Award

Arts Awards

Hong Kong School Drama Festival

- Outstanding Cooperation Award
- Outstanding Script Award
- Outstanding Performer Award

Sports Awards

HKSSF Tai Po & North District Competition

- Girls — First Runner-up
- Boys — Sixth Place
- Most Improved School Award
- All-round Outstanding Athlete

Athletics

- Girls Overall — Champion
- Boys Overall — First Runner-up
- Girls A — First Runner-up
- Girls B — Champion
- Girls C — Second Runner-up
- Boys A — Second Runner-up
- Boys B — First Runner-up
- Boys C — Second Runner-up
- 9 Event Champions: Boys A 200m, Boys B 1500m & 3000m, Boys C High Jump & Discus, Girls B 1500m, 4x400m, High Jump, Girls C 100m Hurdles
- 14 Event Runner-ups: Boys A 4x100m, High Jump; Boys B 100m, 200m, 4x400m; Boys C 800m; Girls A 800m, 1500m; Girls B 800m, 400m, Discus; Girls C 100m, 200m, 4x100m
- 7 Event Thirds: Boys B 800m, 3000m, 4x100m, Shot Put; Girls A 1500m, 4x100m; Girls B Long Jump

Cross-country

- Girls Overall — First Runner-up
- Girls A — First Runner-up
- Girls B — Champion
- Girls C — Second Runner-up
- Boys B — Champion
- Individual Champions: Boys B, Girls B
- Other placings: Boys B 3rd & 4th; Girls A 3rd & 4th

Service Awards

Community Youth Club

- Outstanding Member Award

CYC Leadership Training Scheme

- Outstanding Member Award

Green for Good Charity Clean-up

- Gold Award

青年藝術節書法及國畫比賽

- 中學高級組書法比賽亞軍
- 中學高級組國畫比賽季軍

Swimming

- Boys C Overall — 4th
- Boys C 100m Backstroke — Champion
- Girls A 200m Breaststroke — First Runner-up
- Girls C 4x50m Medley Relay — First Runner-up
- Boys C 50m Butterfly — First Runner-up
- Girls B 4x50m Medley Relay — Second Runner-up
- Boys C 50m Backstroke — Second Runner-up
- Boys C 4x50m Medley Relay — Second Runner-up

Table Tennis

- Girls A — 4th
- Girls B — 4th

Badminton

- Girls A — Champion

Handball

- Girls Junior — Second Runner-up
- Girls Senior — 4th

Inter-school Five-a-side Football

- Boys Senior — 4th

HK Junior Age Athletics Competition

- U16 Long Jump — Champion
- U14 100m Hurdles — First Runner-up
- U16 Discus — First Runner-up
- U16 200m — Second Runner-up
- U18 1500m — Second Runner-up
- U18 High Jump — Second Runner-up

TCAA Athletics Championships

- 200m — Champion
- Long Jump — Champion





Carmel Pak U Secondary School

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